

Sunday 22nd August

11th Sunday after Trinity

9am: Holy Communion

Revd Jo Jones

(live streamed on Facebook, also on the
Worship At Home page of our website)

Sides: Maxine Buck, Pat Bruguier

Sound: Helen Field

Mevo: Richard Field

10.15am: Morning Worship

Revd Gemma Fraser

Sides: Maxine Buck, Pat Bruguier

Sound: Helen Field

Duty Warden:

Helen Field

Sunday 29th August there will be a
9am Holy Communion **only** at St
Luke's with a joint MMU service at St
John's at 10am.

Anyone who needs a lift or who can
offer one, let David know.

Please Pray This Week

For Brian, Joan, Bob, Anna,
Doug, Greta, Carmen,
Peter, John and Mary,
Nicky and Alina, Margaret.



Morning Prayer

In person Morning Prayer is
Wednesdays 9.15am at St Luke's
and Thursdays 9.15am at St John's
(these will not be live-streamed).

**There will be no online Morning
Prayer during August.**

Birthdays

If it's your birthday this week,
we'd like to wish you a very
happy birthday!

*"Happy Birthday to you:
to Jesus be true.
May God's richest blessing
rest today upon you."*

Contacts

Priest in charge Revd Gemma Fraser (not Fridays)
07540 152561 moulshamrev@gmail.com

Curate Revd Suzanne McAllister 07780 442317
rev_suzanne_mcallister@outlook.com

Churchwarden David Millward 07749 359971

Assistant Churchwarden Nick Pratt 07882 235351

Newsletter Content

If you have any items for the Newsletter (including requests for prayer) please
contact Janette Tadman - janettetadman@gmail.com or 01245 469124

Sunday 15th August

**Celebration of
The Blessed Virgin Mary
11th Sunday after Trinity**

9am: Service of

Holy Communion

Revd Canon Ivor Moody

Readings

Galatians 4:4-7,
Luke 1:46-55

Sides: Louise Whitehead, Hilary Few

Sound: David Millward

Mevo: Lucy Bubb

(live streamed on Facebook, also on the
Worship At Home page of our website)

10.15am: Morning Worship

Richard Field

'Be careful then how you live'

Readings

Ephesians 5:15-20,
John 6:51-58

Sides: Elena Pratt, Hilary Few

Sound: David Millward

Duty Warden: David Millward

**Refreshments will be available
between services**

Collects

Almighty God,
who looked upon the lowliness of the
Blessed Virgin Mary
and chose her to be the mother of your
only Son:
grant that we who are redeemed by his
blood
may share with her in the glory of your
eternal kingdom;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

God of glory,
the end of our searching,
help us to lay aside
all that prevents us from seeking your
kingdom,
and to give all that we have
to gain the pearl beyond all price,
through our Saviour Jesus Christ.
Amen

Post Communion Prayer

God most high,
whose handmaid bore the Word made
flesh:
we thank you that in this sacrament of
our redemption
you visit us with your Holy Spirit
and overshadow us by your power;
strengthen us to walk with Mary the
joyful path of obedience
and so to bring forth the fruits of
holiness;
through Jesus Christ our Lord. **Amen**

READINGS FOR HOLY COMMUNION SERVICE:

Galatians 4:4-7

But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' So you are no longer a slave but a child, and if a child then also an heir, through God.

Luke 1:46-55

And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.'

READINGS FOR MORNING WORSHIP SERVICE:

Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

John 6:51-58

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

We need you - Saturday Coffee and Sunday Coffee Volunteers!

As we settle back into church life with the easing of restrictions and with the exciting restarting of Saturday Coffee and Sunday Coffee, we are looking for people to join our lovely team. Duties include: setting up the space, providing refreshments, chatting to people and clearing away. This really is a worthwhile and vital ministry in serving the church family and getting to know each other better, but also for the community too.

You can choose to serve at either Saturday or Sunday Coffee or even both if you are particularly keen (you wouldn't be on both on the same weekend). You would always be with at least one other person and guidance will be given on how we are serving in a Covid secure way.

We would love to have you on board and are really excited about having coffee back in Church again! For more information and to volunteer please email: nickandelena2016@gmail.com or speak to Nick, Elena or David.

Fancy a ramble?

The second MMU Ramble is taking place on Thursday 19 August, meeting at 9.30am for a 9.45am start – a circular walk from the Rodney Inn, North Hill, Little Baddow, CM3 4TQ. Parking is available in the Rodney Inn car park as we will meet there for lunch afterwards.



It's a lovely walk of about 4 miles through woods and across a common, mainly on footpaths. It is quite hilly and there are 6 stiles - so be warned! Do feel free to join us for lunch from 12:30 if the walk is not for you. There is a beautiful garden at The Rodney and also a nice seating area inside. Dogs are only allowed outside though. If you would like to go on the walk or just join for lunch, please let Jacky know asap (07872 344495).

Financial Giving Please do support St Luke's using one of the options below:

- Regular giving by standing order - for more information contact Dave Chambers at simplydavec@aol.com
- One-off online donations accessed via the St Luke's website homepage
- Contactless card reader available at the back of church

St. Luke's Saturday Coffee is back!

Please come and join us for a catch up with friends or just bring a book or paper and relax - all while enjoying our hot drinks, biscuits and treats! Tell your friends too! Venue is the Small Hall, St. Luke's Church, entry via the main church doors from 11am - 12 noon..