



Sunday 21st July
8th Sunday of Trinity
10am: Holy Communion
 Revd David Cattle
Duty Warden/Chalice: Richard
Sound: Dave
Music: David
Sides: Maxine and Pat
Refreshments: Maxine

Please Pray
 For Sally, Joan, Anna, Sheila, Nicky, Amelia, Val, Audrey, Mary, Brian, Catherine, Revd Suzanne, Arthur, June, Dave T and Sharon.
 For the PCC as they meet on Tuesday
We remember:
 Revd Hugh Godden (16.07.1965)
 Elizabeth Barr (17.07.1990)
 Sheila Desborough (17.07.2013)
Parish Roads:
We also pray this month for those living and working in:
 Sylvan Close, Tylers Close, Waltham Glen, Whitethorn Gardens, Yew Tree Gardens

Saturday Coffee
11am - 12 noon 
 20th July - Brenda
Church is closed after coffee

Edward Bear Baby and Toddler Group
 is on holiday until September

Living Light
 The Aumbry Light in July has been sponsored in memory of
 Peter Page 

Contacts
Priest in Charge Revd Stephanie Gillingham
 moulshamchurches@gmail.com
Associate Priest: Revd Suzanne McAllister (currently on sick leave)
Churchwarden: Lucy Bubb 07970 728673
Assistant Churchwarden: David Millward 07749 359971
Parish Safeguarding Officer: Sue 07708 296804
Treasurer: moulshamstlukestreasurer@gmail.com
Newsletter Content If you have any items for the Newsletter (including requests for prayer) contact Janette Tadman - janettetadman@gmail.com or 07749 298639

Sunday 14th July
7th Sunday of Trinity
10am: Holy Communion
 Revd Andrew Merchant
Duty Warden/Mevo: Lucy
Sound: Helen
Chalice/Reader: Sue
Music: David
Sides: Hilary and Pat
Refreshments: Helen
Weekday Prayers
 Tuesdays at 2pm
 Disabled access and toilets available

Collect
 Generous God,
 you give us gifts and make them grow:
 though our faith is small as mustard seed,
 make it grow to your glory
 and the flourishing of your kingdom;
 through Jesus Christ our Lord.
Amen.
Post Communion Prayer
 Lord God,
 whose Son is the true vine and the source of life,
 ever giving himself that the world may live:
 may we so receive within ourselves the power of his death and passion that, in his saving cup, we may share his glory and be made perfect in his love; for he is alive and reigns, now and for ever.
Amen

Birthdays: *"Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you."*

Financial Giving Please do support St Luke's using one of the options below:

- Regular giving through the Parish Giving Scheme - see noticeboard for information
- One-off online donations accessed via the St Luke's website homepage
- Contactless card reader available at the back of church

Psalm 24

¹ The earth is the LORD's and all that is in it, the world, and those who live in it; ² for he has founded it on the seas, and established it on the rivers. ³ Who shall ascend the hill of the LORD? And who shall stand in his holy place?

⁴ Those who have clean hands and pure hearts, who do not lift up their souls to what is false, and do not swear deceitfully. ⁵ They will receive blessing from the LORD, and vindication from the God of their salvation. ⁶ Such is the company of those who seek him, who seek the face of the God of Jacob.

⁷ Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in. ⁸ Who is the King of glory? The LORD, strong and mighty, the LORD, mighty in battle. ⁹ Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in. ¹⁰ Who is this King of glory? The LORD of hosts, he is the King of glory.

Mark 6:14-29

¹⁴ King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' ¹⁵ But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' ¹⁶ But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' ¹⁷ For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. ¹⁸ For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' ¹⁹ And Herodias had a grudge against him, and wanted to kill him. But she could not, ²⁰ for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. ²¹ But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. ²² When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' ²³ And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' ²⁴ She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' ²⁵ Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' ²⁶ The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. ²⁷ Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, ²⁸ brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. ²⁹ When his disciples heard about it, they came and took his body, and laid it in a tomb.

This week's Eco Tip

Have you thought about joining Too Good To Go: End Food Waste? It is a free app that you can download to your phone or tablet. You will find some of your favourite cafe, restaurants and supermarkets where you can pick up a bag of left over food at a fraction of the cost.

If you don't have access to apps, why not share this tip with family and friends?

Need home insurance?

If you need home insurance you might be interested in considering a policy with Ecclesiastical. By quoting TRUSTPST, Ecclesiastical will donate £130 to St Luke's, terms and conditions apply.

Chelmsford Week of Mission, 24 - 28 July

Message from Phil Hannam, Chair of Christians Together in Chelmsford:

We all have a clear call to be witnesses to Jesus and to go and make disciples. This may sound like a daunting task, but when we remember who we serve and the power He has the perspective is very different. We have a message of hope and life, people are more eager and more responsive to hear that than ever before. To help support this call to action, we are having a week of mission across Chelmsford, 24-28 July, supported by Mission 24, led by Jonathan Conrathe. During the week there are a range of different events for young and old, including opportunities to share the gospel with people in the High Street outside Shire Hall. See the poster for more info.

Table Top Sale

August Bank Holiday, 11am-2pm. We have a great selection of tables already booked and there's room for more! If you would like to have a table, or know someone that would, could you let Lucy or Sue know? Perhaps homemade craft to sell, or you're having a clear out? There will be a £15 fee per table and funds raised will go towards our roof appeal. As well as having tables, we will also be providing refreshments so do let Sue know if you could provide cakes or biscuits and could help serve.

Afternoon of Prayer Activities - for your diary

Sunday 1 September from 12.30pm we are joining together across South West Chelmsford Churches for an afternoon of activities focused on prayer with Bishop Adam, Bishop of Bradwell at St Michael's Church, Galleywood. There will be plenty of choice of both indoor and outdoor activities. Bring a packed lunch.