

**Sunday 7th July**

**Third Sunday after Trinity**

8am: Holy Communion at St. John's  
10am: Service of Holy Communion

**President & Preacher:** Revd Gemma Fraser

**Crucifer:** Helen Field

**Server:** David Millward

**Chalice:** Helen Field, Richard Field

**Intercessions:** Revd Gemma

**Readings**

Isaiah 66:10-14 David Millward  
Galatians 6:1-16 Dawn Thomas  
Luke 10:1-11, 16-20

**Sides:** Sue Davies, Dawn Thomas

**Sound:** Sue Davies

**Coffee:** Mary Marshall, Maxine Buck

**Counters:** Richard Field, Dave Chambers

**Duty Churchwarden:** Sue Davies

**Organist:** Michael Davis

**A Prayer for Changing Times**

*Please use this prayer as part of your personal prayers each day as we discern God's plan for us here at St. Luke's*

**Lord, you are our helper, our rock, our salvation. You are with us when we face challenge and opportunity. As we enter this time of discernment, help us to feel your presence with us and to trust in you. We know that you have plans for us; plans to prosper and not to harm, plans to give us hope and a future. Guide us Lord, show us the path you have set before us, give us wise and discerning hearts that long for your Kingdom here on earth. Amen**

What is happening on the 11th August?

*Hcaucoslcrhi ni dalmon*

More details soon - intrigued.... well reserve this date in your diary.

**'Step Out for Stroke'**

Rita and Brian Roscoe walked in Hylands Park on Sunday 2 June. This was to raise money for the Stroke Association. 'We walked around the gardens and managed about 500 yards all together. The weather was, fortunately, sunny and not too warm. The St. Luke's members have been very generous and we have sent a cheque for £232 to the Association. There will be a fuller report on the notice board when we receive a photo.'  
*Thank you, Brian Roscoe*

**Saturday 6th July**

**New City Voices Summer Concert  
7.30pm at St. Luke's**

*See poster for more details*

**Living Light**

If you would like to sponsor the Aumbry Light for July please speak to Mary Marshall.



**Newsletter Content**

If you have any items for the Newsletter (including requests for prayer) please contact Janette Tadman 01245 469124

**Email** janettetadman@gmail.com

**Deadline** Wednesday evening

**Contacts**

**Vicar** Revd Gemma Fraser 07540 151561

**Churchwardens**

Richard Field Lucy Bubb  
07776 208546 07970 728673

**Deputy Churchwardens**

Mike Tadman Sue Davies  
07740 625454 07708 296804

**WELCOME to St. Luke's Church.**

**Please stay for refreshments and fellowship in the hall after the service.**

There will be a collection during the third hymn. If you are a taxpayer, please use a Gift Aid envelope, available from the Sidesmen. If you give by Standing Order or are unable to give today, please pass the basket on.

**Collect**

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.  
**Amen**

**Post Communion Prayer**

Loving Father, we thank you for feeding us at the supper of your Son: sustain us with your Spirit, that we may serve you here on earth until our joy is complete in heaven, and we share in the eternal banquet with Jesus Christ our Lord.  
**Amen**

**Sunday 30 June**

**Second Sunday after Trinity**

**8am Holy Communion  
at St. John's**

**10am MMU Service  
at St. John's**

**TO OUR VISITORS** Welcome to our service. The **hymn numbers** are displayed on the boards, and will also be announced. When we come to receive Holy Communion, please see the notes in our **Order of Service**, which are provided for your guidance. We like to mark **birthdays** by singing "Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you." If it is your birthday this week, please tell one of the ministers.

**The ministry of Prayer with Laying-on-of-Hands for Healing** is available every Sunday. If you would like this for yourself or another, please speak to one of the Ministers or Churchwardens.

## Readings

The lectionary readings for Sunday 30th June are:

### 1 Kings 19:15-16, 19-end

<sup>15</sup>Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. <sup>16</sup>Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.

<sup>19</sup>So he set out from there, and found Elisha son of Shaphat, who was ploughing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. <sup>20</sup>He left the oxen, ran after Elijah, and said, 'Let me kiss my father and my mother, and then I will follow you.' Then Elijah said to him, 'Go back again; for what have I done to you?' <sup>21</sup>He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

### Galatians 5:1, 13-25

<sup>1</sup>For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

<sup>13</sup>For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. <sup>14</sup>For the whole law is summed up in a single commandment, 'You shall love your neighbour as yourself.' <sup>15</sup>If, however, you bite and devour one another, take care that you are not consumed by one another. <sup>16</sup>Live by the Spirit, I say, and do not gratify the desires of the flesh. <sup>17</sup>For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. <sup>18</sup>But if you are led by the Spirit, you are not subject to the law. <sup>19</sup>Now the works of the flesh are obvious: fornication, impurity, licentiousness, <sup>20</sup>idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, <sup>21</sup>envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. <sup>22</sup>By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, <sup>23</sup>gentleness, and self-control. There is no law against such things. <sup>24</sup>And those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup>If we live by the Spirit, let us also be guided by the Spirit.

### Luke 9:51-end

<sup>51</sup>When the days drew near for him to be taken up, he set his face to go to Jerusalem. <sup>52</sup>And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; <sup>53</sup>but they did not receive him, because his face was set towards Jerusalem. <sup>54</sup>When his disciples James and John saw it, they said, 'Lord, do you want us to command fire to come down from heaven and consume them?' <sup>55</sup>But he turned and rebuked them. <sup>56</sup>Then they went on to another village.

<sup>57</sup>As they were going along the road, someone said to him, 'I will follow you wherever you go.' <sup>58</sup>And Jesus said to him, 'Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.' <sup>59</sup>To another he said, 'Follow me.' But he said, 'Lord, first let me go and bury my father.' <sup>60</sup>But Jesus said to him, 'Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God.' <sup>61</sup>Another said, 'I will follow you, Lord; but let me first say farewell to those at my home.' <sup>62</sup>Jesus said to him, 'No one who puts a hand to the plough and looks back is fit for the kingdom of God.'

## Please Pray This Week

For Brian, Joan, Bob, Margaret, June, Tammy, Kath, Emma, Basil, Greta, Carmen, Agnes and Revd John S.

For those named on the prayer board

This week we remember:

John Church (01.07.2004)

Lily Brown (03.07.2005)

Malcolm Moorhouse (06.07.1992)

## PCC News

The PCC on 19th June, was the first of our Vision and Strategy PCC meetings which we plan to alternate with more traditional PCC meetings. Two headlines from this meeting.....

- A fence has been installed between the Church and St Luke's House giving us a new garden with a fire exit to Lewis Drive. Over the next few months the PCC will decide how to develop the garden so that we get maximum benefit. If you have any ideas please feed them to the Wardens

- PCC looked at the feedback to the Healthy Churches meeting of the whole Church (See separate notice)

## Home Groups

In response to suggestions you made as part of our Healthy Churches event on 2nd June the PCC are planning one or more Home Groups this Autumn.

Over the next couple of months we want to explore how these might operate and if you would like to help shape thinking, host and/or lead please mention this to Gemma or a warden.

Please pray for this initiative which we think will be a great addition to Church life at St Luke's, improving our knowledge of the Bible, developing our prayer life and contributing to our pastoral care.

## This Week

The church is open daily for prayer

### Monday 1 July

*Pray for the Diocesan House of Retreat, Pleshey*

### Tuesday 2 July

*Pray for Hornbeam Close*

### Wednesday 3 July

*Pray for the Church Army*

9.15am: Morning Prayer at St. Luke's

9.45am: Holy Communion

1.15pm: Edward Bear Toddler Group

### Thursday 4 July

*Pray for Peace in Syria and The Middle East*

### Friday 5 July

*Pray for the Little Acorns Pre-School*

### Saturday 6 July

*(Revd Gemma's day off)*

*Pray for Skylark Walk*

11am: Saturday Coffee

Local Councillors' Surgery

## Saturday Coffee

6th July

*On duty: Louise Whitehead*



**Join us for coffee and fellowship**