

## Sunday 15th March

### 3rd Sunday of Lent

8am: Holy Communion at St. John's

### 10am: Service of Holy Communion

**President & Preacher:** Revd Gemma Fraser

**Crucifer** Lucy Bubb

**Servers** David Millward

**Chalice** Revd Suzanne, Lucy Bubb

**Readings**

**Exodus 17:1-7** Helen Field

**Romans 5:1-11** Mike Tadman

**John 4:5-42**

**Intercessions** Dave Thomas

**Sidesmen** Helen Field, Maxine Buck

**Sound** Dave Thomas

**Coffee** Mike & Janette Tadman

**Counters** Dave Thomas, Lucy Bubb

**Duty Churchwarden** Richard Field

**Organist** Alan Arnot (voluntary "Fanfare" by Paul Spicer (b. 1952))

### Electoral Roll

The church electoral roll will soon be revised in preparation for the Annual Parochial Church Meeting (APCM).

Being on the electoral roll allows members to attend the APCM, be nominated for PCC or church office membership and to vote in elections at the APCM.

If you are not already on the electoral roll but would like to join, please see the notice on the lobby noticeboard or speak to any of the churchwarden team.

### Newsletter Content

If you have any items for the Newsletter (including requests for prayer) please contact Janette Tadman 01245 469124

**Email** janettetadman@gmail.com

**Deadline** Wednesday evening

### Coronavirus

We want everybody to stay as safe as possible so please do follow government guidelines in order to minimise the risk of spreading any germs; discarding used tissues and washing hands with soap and water (don't forget that washing your hands should take as long as it takes to sing the "happy birthday" song through twice!) or use sanitising hand gel.

### Prayer Course

Rather than running a Lent Course, we will be joining with the other churches in Moulsham Lodge and Tile Kiln for an Eastertide course called **24/7 Prayer**. This will help equip and inspire us to go deeper into prayer, as individuals and as a church family.

The course will run for 8 weeks on **Thursdays** on the following dates

10.30 am at Moulsham Lodge  
Methodist Church

7.30 pm at Tile Kiln Church

**23rd, 30th April,  
7th, 14th, 21st May,  
4th, 11th 18th June.**

St John's will also be running the same course on a Monday evening over the same period and anyone from St Luke's will be welcome.

### Saturday Coffee

14th March

*On duty: Brenda Hudson*

**Join us for coffee and fellowship**



### Contacts

**Vicar** Revd Gemma Fraser 07540 152561

**Churchwardens**

Richard Field Lucy Bubb  
07776 208546 07970 728673

**Deputy Churchwardens**

Mike Tadman Sue Davies  
07740 625454 07708 296804

Sunday, 8th March 2020

stlukemoulsham.co.uk

 /stlukesmoulshamlodge

## WELCOME to St. Luke's Church.

**Please stay for refreshments and fellowship in the hall after the service.**

There will be a collection during the third hymn. If you are a taxpayer, please use a Gift Aid envelope, available from the Sidesmen. If you give by Standing Order or are unable to give today, please pass the basket on.

## Sunday 8th March

### 2nd Sunday of Lent

8am Holy Communion at St. John's

### 10am Second Sunday Service

Guest: Joelle Mortimer from Babybasics

**Leader & Speaker** Dave Thomas

**Intercessions:** Lucy Bubb

**Readings**

**Romans 4:1-5, 13-17** Mike Tadman

**John 3:1-17**

**Sidesmen** Hilary Few, Janette Tadman

**Sound** David Millward

**Coffee** Volunteers

**Counters** Dave Chambers, Hilary Few

**Duty Churchwarden** Mike Tadman

**Organist** Philippa Penkett

### 4.00pm: Celtic Style Evening Service St Mary's Widford

*Refreshments at 4pm, service at 4.30pm*

## Collect

Almighty God,  
by the prayer and discipline of Lent  
may we enter into the mystery of Christ's  
sufferings,  
and by following in his Way  
come to share in his glory;  
through Jesus Christ our Lord.  
**Amen**

## Post Communion Prayer

Almighty God,  
you see that we have no power of ourselves  
to help ourselves:  
keep us both outwardly in our bodies,  
and inwardly in our souls;  
that we may be defended from all adversities  
which may happen to the body,  
and from all evil thoughts which may assault  
and hurt the soul;  
through Jesus Christ our Lord.  
**Amen.**

**TO OUR VISITORS** Welcome to our service. The **hymn numbers** are displayed on the boards, and will also be announced. When we come to receive Holy Communion, please see the notes in our **Order of Service**, which are provided for your guidance. We like to mark **birthdays** by singing "Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you." If it is your birthday this week, please tell one of the ministers.

**The ministry of Prayer with Laying-on-of-Hands for Healing** is available every Sunday. If you would like this for yourself or another, please speak to one of the Ministers or Churchwardens.

PLEASE TAKE THIS NEWSLETTER HOME WITH YOU

## Readings

### Genesis 12:1-4a (not being read at Sunday morning service)

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you.<sup>2</sup> I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing.<sup>3</sup> I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

<sup>4</sup> So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

### Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? <sup>2</sup>For if Abraham was justified by works, he has something to boast about, but not before God. <sup>3</sup>For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.'<sup>4</sup> Now to one who works, wages are not reckoned as a gift but as something due. <sup>5</sup>But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

<sup>13</sup> For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. <sup>14</sup>If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup>For the law brings wrath; but where there is no law, neither is there violation.

<sup>16</sup> For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, <sup>17</sup>as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

### John 3:1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup>He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.'<sup>3</sup> Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.'<sup>4</sup> Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?'<sup>5</sup> Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup>What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup>Do not be astonished that I said to you, "You must be born from above."<sup>8</sup> The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.'<sup>9</sup> Nicodemus said to him, 'How can these things be?'<sup>10</sup> Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?<sup>11</sup> 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things?<sup>13</sup> No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup>And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup>that whoever believes in him may have eternal life.

<sup>16</sup> 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup> 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

## Please Pray This Week

For Brian, Joan, Bob, Margaret, Tammy, Emma, Greta, Carmen, Revd John, Nicky Melvyn, Alina, Margaret, Doug, Dave.

for people to step forward as Churchwardens and PCC members at APCM 19 April

For those named on the prayer board

This week we remember:  
Alice Olivia Stow (12.03.1993)

## LENT 2020

Lent is one of the most important times of the year for Christians around the world and it is good to journey together at this time using some shared resources. Together with the "Lent in a Bag", we are using the Church of England resources:

#LiveLent - Care for God's Creation.

With weekly themes and prayers shaped around the first Genesis account of creation, it explores the urgent need for humans to value and protect the abundance God has created.

Please do either pick up a booklet from the back of church or download the app to your phone and share your reflections each week during the "family news" part of the service.

## This Week

The church is open daily for prayer

### Monday 9 March

*Pray for the Diocesan House of Retreat, Pleshey*

### Tuesday 10 March

*Pray for Gloucester Avenue*

9.15am: Morning Prayer at Church of the Holy Spirit, Widford

2.30pm: Funeral for Basil Law

### Wednesday 11 March

*Pray for the Christians in Muslim countries*

9.15am: Morning Prayer at St. Luke's

1.15pm: Edward Bear Toddler Group

### Thursday 12 March

*Pray for Peace in Syria and The Middle East*

9.15am: Morning Prayer at St. John's

### Friday 13 March

*Pray for the Edward Bear Toddler Group*

### Saturday 14 March

*Pray for Lucas Avenue*

11am: Saturday Coffee

## BabyBasics - Lent Giving 2020

During Lent we are supporting BabyBasics Chelmsford, who are based at Moulsham Lodge Methodist Church. We would like to support financially and also provide some items for the Starter Pack in a Moses basket (especially those marked \*) - these include items for each vulnerable mum as well as baby:

- |                            |                         |
|----------------------------|-------------------------|
| - breast pads*             | - maternity pads*       |
| - hand soap*               | - shampoo (mum / baby)* |
| - toothbrush / toothpaste* | - deodorant*            |
| - newborn nappies          | - baby wipes            |
| - cotton wool              | - newborn clothing      |
| - baby bedding             | - baby towels           |

There is a basket in church to add our donated items and envelopes for financial donations.

Please pray for the Baby Basics Chelmsford project and team, as well as telling others about their work.