

## Prayers for Myanmar

Many of you will know Lucy has visited Myanmar (also known as Burma) several times with the Mothers' Union. On 1st February, the military seized control and the country's leader, Aung San Suu Kyi, and members of her party, were detained. The threat this has posed to those living in Myanmar has resulted in the banging of saucepans, not in applause as we know it, but in protest brought about by desperation. This kind of situation is unknown to most of us but the people in Myanmar are greatly in need of our prayers at this time and, especially our Christian brothers and sisters who are living in fear.

## Birthdays

If it's your birthday this week, even though we're not together physically, we would like to sing:

"Happy Birthday to you: to Jesus be true.  
May God's richest blessing rest today upon you."

## Daily Hope

Daily Hope offers music, prayers and reflections as well as full Worship services from the Church of England at the end of a telephone line. The line - available 24 hrs a day on **0800 804 8044** - has been set up particularly with those unable to join online church services during the period of restrictions in mind.

## Contacts

**Priest in charge** Revd Gemma Fraser (not Fridays)  
07540 152561 moulshamrev@gmail.com  
**Curate** Revd Suzanne McAllister 07780 442317  
rev\_suzanne\_mcallister@outlook.com

**Churchwardens - Vacancy**

### Deputy Churchwardens

Sue Davies 07708 296804                      David Millward 07749 359971

**Newsletter Content** If you have any items for the Newsletter (including requests for prayer) please contact Janette Tadman - janettetadman@gmail.com or 01245 469124 **Deadline** Wednesday evening

## Sunday 21st February

### 1st Sunday of Lent

#### 10am: Morning Worship

Revd Gemma Fraser  
(online)

#### 10.45am: Zoom Coffee

### Next week

Morning Prayer - 9.15am online  
Mon 22nd, Tues 23rd, Fri 26th

## Sunday 28th February

### 8am: Holy Communion

#### 10am: Morning Worship

(online)

#### 10.45am: Zoom Coffee

## Collect

Almighty God,  
whose Son Jesus Christ fasted forty  
days in the wilderness,  
and was tempted as we are, yet without  
sin:  
give us grace to discipline ourselves in  
obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

## Post Communion Prayer

Lord God,  
you have renewed us with the living  
bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is  
the true and living bread,  
and enable us to live by every word that  
proceeds from out of your mouth;  
through Jesus Christ our Lord.

**Amen**

## Regular Giving

Please do support St Luke's using one of the options below:

- Regular giving by standing order - for more information contact Dave Chambers at [simplydavec@aol.com](mailto:simplydavec@aol.com)
- Online giving (one-off donations) accessed via the St Luke's website homepage

## Lent

We may not be in the building but we still have big plans for this Lent!

Come join us on Zoom for our Lent Course, we'll be using Paula Gooder's Lentwise; Spiritual Essentials for Real Life. Life is tough at the moment, over 5 weeks we will look at different 'essentials' for the journey. Where do we find nourishment, shelter and direction?

We're meeting Thursday evenings at 7.30pm starting on the 25th February for 5 weeks.

Our small groups are a way to learn and grow in a supportive, gentle environment. This course works as well for people that have been Christian their whole life as it does for people exploring faith. We read, chat and pray together with each session lasting no more than an hour and half. Message or email us for the Zoom details.

## Lent Bags

Hopefully all church members have had a Lent bag delivery - please let Revds Suzanne or Gemma know if you haven't and we'll get one to you. We can't observe Lent in church so we'll observe it together from home. Your bag includes a Worship at Home pack with details of services and the Lent Course, prayers, short services and Bible study to do at home, weekly meditations using practical items (also included in the bags!) and poetry. Each bag should also contain a small candle created by melting some of our old paschal candles. These are still in production so don't worry if your bag didn't contain one - we'll be dropping them to you next week. We hope that everything in your bag will help guide you through the season, remind you that we are thinking of and praying for you and that we are one body, even when apart.

## St Luke's Lent Giving: The Little Edi Foundation

This Lent we are going to be supporting The Little Edi Foundation. Watch out for more information about how you can support ....

The Little Edi Foundation is an Essex based non-profit where children and young people are at the heart of the organisation. They believe all children should have equal access to education and learning development, enabling them to reach their full potential. To achieve this, they focus on creating development opportunities for disadvantaged young people from local areas this may include giving aid including fresh food, toys, school equipment and uniform, chances to volunteer distributing aid or offering grants to volunteer overseas in Europe's poorest country, Moldova.

## Please Pray This Week

For Brian, Joan, Bob, Anna, Tammy, Doug, Greta, Carmen and Peter.

For one of our organists Philippa and her family as they mourn the death of her father

This week we remember:  
Martin Buck (22.02.2013)

## R.I.P

Revd John Shillaker who sadly died on 11th February. Please keep his wife Christine and all the family in your prayers.

Revd John was Priest in Charge at St Luke's from 1969 - 1978 and Vicar from 1978 - 1985.

## Fairtrade Fortnight: Choose the world you want 22 February - 7 March 2021

For two weeks each year at the end of February and start of March, thousands of individuals, companies and groups across the UK come together to share the stories of the people who grow our food and drinks, mine our gold and who grow the cotton in our clothes, people who are often exploited and underpaid.

The COVID-19 pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the very heart of the Fairtrade message.

Fairtrade Fortnight 2021 will highlight the growing challenges that climate change brings to farmers and workers in the communities Fairtrade works with. The facts are straightforward. Farmers and workers in countries such as Kenya, Ethiopia and Honduras, who have done the least to contribute to climate change, are disproportionately affected by it. They have said that:

- Climate change is one of their biggest challenges right now.
- Low prices for their crops mean that they are struggling to fight back.
- Only with more money will they feel equipped to meet their everyday needs and deal with the challenges they face from climate change.

## What can you do?

- Buy Fairtrade products to support the right for farmers to be paid fairly for their work, meaning they have the chance to fight the challenges of the climate crisis right now. Look for the Fairtrade symbol.
- Support the Fairtrade movement to work with policy makers, businesses and government to influence change that will protect the most vulnerable.
- You can join the 'Choose the World You Want' online festival with your friends and family on the link below:

<https://www.fairtrade.org.uk/choose-the-world-you-want/>