

Birthdays

If it's your birthday this week, we'd like to wish you a very happy birthday!
"Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you."

Sunday 25th July

8th Sunday after Trinity

9am: Holy Communion

Revd Suzanne McAllister

(live streamed on Facebook, also on the
Worship At Home page of our website)

Sides: Maxine Buck, Chris Fawcett

Sound: David Millward

Mevo: David Millward

10am: Morning Worship

Richard Field

Sides: Maxine Buck, Chris Fawcett

Sound: David Millward

Duty Warden:

Nick Pratt

Please Pray This Week

For Brian, Joan, Bob, Anna,
Doug, Greta, Carmen, Peter,
John and Mary, Nicky and Alina.

For the PCC as they meet this
week

This week we remember:
Joyce Stockwell (21.07.2018)

Contacts

Priest in charge Revd Gemma Fraser (not Fridays)
07540 152561 moulshamrev@gmail.com

Curate Revd Suzanne McAllister 07780 442317
rev_suzanne_mcallister@outlook.com

Churchwarden David Millward 07749 359971

Assistant Churchwarden Nick Pratt 07882 235351

Newsletter Content

If you have any items for the Newsletter (including requests for prayer)
please contact Janette Tadman - janettetadman@gmail.com or 01245
469124

Sunday 18th July

7th Sunday after Trinity

9am: Service of Holy Communion

Revd Gemma Fraser

Readings:

Ephesians 2:11-end

Mark 6:30-34,53-end

Sides: Jane Chambers, Sue Davies

Sound: Helen Field

Mevo: Richard Field

(live streamed on Facebook, also on the
Worship At Home page of our website)

10am: Morning Worship

Revd Gemma Fraser

"Them and Us"

Readings:

Ephesians 2:11-end

Sides: Jane Chambers, Sue Davies

Sound: Helen Field

Duty Warden: Helen Field

Collect

Generous God,
you give us gifts and make them
grow:
though our faith is small as mustard
seed,
make it grow to your glory
and the flourishing of your kingdom;
through Jesus Christ our Lord.
Amen

Post Communion Prayer

Lord God, whose Son is the true vine
and the source of life,
ever giving himself that the world
may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup, we may share
his glory and be made perfect in his
love;
for he is alive and reigns, now and for
ever.
Amen

Financial Giving

Please do support St Luke's using one of the options below:

- Regular giving by standing order - for more information contact Dave Chambers at simplydavec@aol.com
- One-off online donations accessed via the St Luke's website homepage

Re-Opening

Unfortunately the release of the government Covid guidance for 'Places of Worship' has been delayed and won't now be issued until next week. We can't make any decisions on easing restrictions until we have this and the accompanying Church of England guidance and have had time to review it. For this reason we will be continuing with our current plan at least for the rest of this month. We hope to be able to ease some things on 1 August but, with the current increase in infection rates, we are unlikely to remove all restrictions at once.

Funeral - Mary Marshall

Mary's funeral will take place at 10.30am on Monday 9 August at St Luke's, followed by family only committal at Chelmsford Crematorium, with a wake at Pontlands Park Hotel. Church members are welcome to attend the church service and the wake.

If anybody needs a lift or can offer car sharing, please speak to David or Revd Gemma.

Edward Bear Baby and Toddler Group

We have been very fortunate to have 6 people come forward, 4 with no previous connection to St Luke's, to volunteer as helpers with Edward Bear Baby and Toddler Group. This is amazing news and it means that our plans for reopening the group in September are on track. We are hugely grateful to all who have stepped forward to help us run this vital ministry.

Back steps in the car park

The slabs and brick are loose and we are working on getting it fixed as soon as possible, so please avoid them for now. If you see any other issues, please do let David know.

Morning Prayer

Morning Prayer takes place on Monday, Tuesday and Friday mornings at 9.15am on Facebook. In person Morning Prayer is Wednesdays 9.15am at St Luke's and Thursdays 9.15am at St John's (these will not be live-streamed).

Advance Notice: There will be no online Morning Prayer during August.

Thank You - Worship Survey

Thank you to everyone who submitted their responses to our Sunday Worship survey, which closed last week. We had a good response rate and the feedback will help us plan services for the rest of the year.

We have collated the responses and the Service Leaders group and the PCC will be considering them at their meetings this week.

As Revd Jo mentioned last week, please do continue giving your feedback on individual services to the Service Leaders—we love to have your feedback!

Bible Journalling Workshop

Exploring scripture with creative expression

7pm on 19 July— Zoom

7pm on 22 July—venue to be confirmed

For more info and to book, please contact Deacon Ramona (from Moulsham Lodge Methodist Church)

Ramona.samuel@methodist.org.uk

Good Lament and Hard Hope—Postcard Exhibition

The exhibition of postcards, created by people far and wide with moving messages of lament and hope, is free to visit and is open Monday to Saturday 10am—4pm, and 12 noon to 3pm on Sundays until 20 August. Everyone is welcome.

Alongside the beautiful hand-made fabric postcards there will be an opportunity for you to make your own postcard to add to the exhibition.

Having trouble sleeping?

We are all aware of the importance of a good night's sleep. Sleep is critical for physical health, maintaining an effective immune system and helping us to fight off disease and remain well. Sleep is also critical for mental health and our ability to beat stress, depression and anxiety.

Did you know that the Daily Hope free phone line of hymns, reflections and prayers from the Church of England now has a new option: 'Sleep Well with Daily Hope', consisting of a 4-part series, which can be listened to on loop, sharing helpful tips and Bible readings to reflect on and encourage sleep.

This new material can be found on **0800 804 8044** and selecting #